

2026 Red Rock Conference Meet

May 14, 2026 - RTR HS, Tyler

Mens Varsity

1. Murray County Central	177.5
2. Hills-Beaver Creek	156.5
3. SW MN Christian / Edgerton	147
4. Heron Lake-Okabena/Fulda	65
5. Adrian/Ellsworth	43
6. Russell-Tyler-Ruthton	40
7. Mt. Lake Area - Comfrey	32
8. Westbrook-Walnut Grove/Red R	24

Womens Varsity

1. Hills-Beaver Creek	164
2. SW MN Christian / Edgerton	142
3. Heron Lake-Okabena/Fulda	102
4. Russell-Tyler-Ruthton	79
5. Adrian/Ellsworth	57
6. Westbrook-Walnut Grove/Red R	55
7. Murray County Central	53
8. Mt. Lake Area - Comfrey	38

Boys Varsity 100 Meters

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Athlete Yr Team Mark H#

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- 1 Graham Moosey 10 SW MN Christian / Edgerton 12.04a
- 2 Bode Kruger 12 Hills-Beaver Creek 12.08a
- 3 Brodie Metzger 10 Hills-Beaver Creek 12.15a
- 4 Lucas Kuball 12 Murray County Central 12.28a
- 5 Carter Murphy 11 Adrian/Ellsworth 12.43a
- 6 Ryan Pap 11 SW MN Christian / Edgerton 12.44a
- 7 Caleb Rosenbrook 11 Murray County Central 12.51a
- 8 Caelan Bertrand 10 Adrian/Ellsworth 12.57a
- 9 Jace Gacke 10 Hills-Beaver Creek 12.66a
- 10 Kolten Nielsen 9 Murray County Central 12.72a
- 11 Lane Stamp 9 Mt. Lake Area - Comfrey 12.79a
- 12 Grant Binnebose 10 Westbrook-Walnut Grove/Red Rock Central 12.84a
- 13 Tyler Kirchner 12 Heron Lake-Okabena/Fulda 12.96a
- 14 Brody Landgren 10 Heron Lake-Okabena/Fulda 13.03a
- 15 Robben Funez Padilla 10 Adrian/Ellsworth 13.04a
- 16 Robert Yang 11 Westbrook-Walnut Grove/Red Rock Central 13.13a
- 17 Austyn Mason 9 Russell-Tyler-Ruthton 13.25a
- 18 Deyten Bosma 11 SW MN Christian / Edgerton 13.32a
- 19 Quinton Brunk 10 Heron Lake-Okabena/Fulda 13.62a
- 20 Brian Flores 10 Russell-Tyler-Ruthton 13.76a
- 21 Jonah Lovre 9 Russell-Tyler-Ruthton 13.80a
- 22 Max Glidden 7 Westbrook-Walnut Grove/Red Rock Central 13.85a

Girls Varsity 100 Meters

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Athlete Yr Team Mark H#

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- 1 Brynn Bakken 11 Hills-Beaver Creek 12.86a
- 2 Alyvia Brands 12 SW MN Christian / Edgerton 13.56a
- 3 Trinity Olson 9 Hills-Beaver Creek 13.98a

4 Charley Holm 8 Murray County Central 14.36a
 5 Joe Thooft 9 Russell-Tyler-Ruthton 14.39a
 6 Mayah Wahl 9 Westbrook-Walnut Grove/Red Rock Central 14.77a
 7 Mara Prins 11 SW MN Christian / Edgerton 14.90a
 8 Maliya Nave 11 Adrian/Ellsworth 14.95a
 9 Addison Voge 10 Westbrook-Walnut Grove/Red Rock Central 14.96a
 10 Kelsey Van Ruler 12 Adrian/Ellsworth 15.02a
 11 Aubree Craine 8 Westbrook-Walnut Grove/Red Rock Central 15.08a
 12 Mae Runkle 9 Heron Lake-Okabena/Fulda 15.23a
 13 Lily Bosma 9 SW MN Christian / Edgerton 15.24a
 14 Kelsey Baker 9 Hills-Beaver Creek 15.40a
 15 Kaydence Beck 9 Russell-Tyler-Ruthton 15.58a
 16 Taylor Fisher 12 Heron Lake-Okabena/Fulda 15.88a
 17 Raelee Moat 10 Russell-Tyler-Ruthton 15.90a
 18 Julia Nachreiner 8 Mt. Lake Area - Comfrey 15.92a
 19 Aubrey Biegler 10 Murray County Central 15.96a
 20 Brecken Larson 10 Murray County Central 16.07a
 21 Andrea Wright 7 Heron Lake-Okabena/Fulda 16.16a
 22 Ivy Peters 9 Mt. Lake Area - Comfrey 16.28a
 23 Marlee Eastman 10 Mt. Lake Area - Comfrey 16.51a
 24 Aurora Lewis 12 Adrian/Ellsworth 16.75a

Boys Varsity 200 Meters

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Athlete Yr Team Mark H#

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1 Silas Van Essen 12 SW MN Christian / Edgerton 23.95a
 2 Bode Kruger 12 Hills-Beaver Creek 23.98a
 3 Ryan Pap 11 SW MN Christian / Edgerton 24.21a
 4 Graham Moosey 10 SW MN Christian / Edgerton 24.27a
 5 Lucas Kuball 12 Murray County Central 24.61a
 6 Micah Bush 12 Hills-Beaver Creek 24.88a
 7 Brodie Metzger 10 Hills-Beaver Creek 25.13a
 8 Parker Olson 10 Murray County Central 25.45a
 9 Drystan Larson 11 Westbrook-Walnut Grove/Red Rock Central 25.67a
 10 Grant Binnebose 10 Westbrook-Walnut Grove/Red Rock Central 26.02a
 11 Lane Stamp 9 Mt. Lake Area - Comfrey 26.36a
 12 Ben Brinkhous 12 Adrian/Ellsworth 26.89a
 13 Robert Yang 11 Westbrook-Walnut Grove/Red Rock Central 27.47a
 14 Blake Simpson 9 Adrian/Ellsworth 27.60a
 15 Carson Janisch 9 Adrian/Ellsworth 27.97a
 16 Andres Vazquez 9 Heron Lake-Okabena/Fulda 28.51a
 17 Emmett Carlson 9 Heron Lake-Okabena/Fulda 28.57a
 18 Emery Swierenga 10 Russell-Tyler-Ruthton 28.74a
 19 Walker Biren 12 Murray County Central 28.82a
 20 Curtis Johnson 9 Heron Lake-Okabena/Fulda 28.91a
 21 Elijah Martinez 11 Russell-Tyler-Ruthton 29.13a
 22 Finn Piercy 11 Russell-Tyler-Ruthton 29.67a

Girls Varsity 200 Meters

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Athlete Yr Team Mark H#

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- 1 Brynn Bakken 11 Hills-Beaver Creek 25.44a
- 2 Trinity Olson 9 Hills-Beaver Creek 27.45a
- 3 Joee Thooft 9 Russell-Tyler-Ruthton 28.20a
- 4 Kacee Van Ruler 12 Adrian/Ellsworth 29.41a
- 5 Mara Prins 11 SW MN Christian / Edgerton 29.59a
- 6 Taya Christensen 12 Russell-Tyler-Ruthton 29.79a
- 7 Carly Groen 11 SW MN Christian / Edgerton 30.06a
- 8 Brynlee Farris 9 Heron Lake-Okabena/Fulda 30.08a
- 9 Kora DeKam 8 SW MN Christian / Edgerton 30.38a
- 10 Kinley Leuthold 8 Hills-Beaver Creek 30.86a
- 11 Liz Wendland 10 Adrian/Ellsworth 31.53a
- 12 Julia Nachreiner 8 Mt. Lake Area - Comfrey 31.93a
- 13 Marley Phomsatry 9 Adrian/Ellsworth 31.98a
- 14 Haylea Larson 10 Westbrook-Walnut Grove/Red Rock Central 32.23a
- 15 Oakley Schreurs 9 Russell-Tyler-Ruthton 32.25a
- 16 Kysha Wani 11 Westbrook-Walnut Grove/Red Rock Central 32.32a
- 17 Ivy Peters 9 Mt. Lake Area - Comfrey 33.27a
- 18 Madi Stelter 7 Murray County Central 33.79a
- 19 Marlee Eastman 10 Mt. Lake Area - Comfrey 34.47a
- 20 Cassie Scandrett 7 Murray County Central 34.92a
- 21 Ellen Barron 9 Westbrook-Walnut Grove/Red Rock Central 35.18a
- 22 Myra Matias 12 Heron Lake-Okabena/Fulda 35.97a
- Taylor Fisher 12 Heron Lake-Okabena/Fulda DNS

Boys Varsity 400 Meters

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Athlete Yr Team Mark H#

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- 1 Ryan Pap 11 SW MN Christian / Edgerton 51.90a
- 2 Micah Bush 12 Hills-Beaver Creek 52.76a
- 3 Bode Kruger 12 Hills-Beaver Creek 52.81a
- 4 Lucas Kuball 12 Murray County Central 53.82a
- 5 Beckett Stelter 11 Murray County Central 53.96a
- 6 Tyler Pap 9 SW MN Christian / Edgerton 54.98a
- 7 Cade Weets 12 Russell-Tyler-Ruthton 55.76a
- 8 Darwin Demarrias-Jansma 12 Adrian/Ellsworth 56.10a
- 9 Drystan Larson 11 Westbrook-Walnut Grove/Red Rock Central 57.59a
- 10 Aubin Licht 12 Murray County Central 57.77a
- 11 Deyten Bosma 11 SW MN Christian / Edgerton 1:00.37a
- 12 Riley Cowden 10 Westbrook-Walnut Grove/Red Rock Central 1:02.65a
- 13 Curtis Johnson 9 Heron Lake-Okabena/Fulda 1:02.85a
- 14 Vincent Bray 9 Heron Lake-Okabena/Fulda 1:03.70a
- 15 Andres Vazquez 9 Heron Lake-Okabena/Fulda 1:03.71a
- 16 Ben Falk 10 Mt. Lake Area - Comfrey 1:03.87a
- 17 Skye Bents 9 Westbrook-Walnut Grove/Red Rock Central 1:05.54a

18 Finn Piercy 11 Russell-Tyler-Ruthton 1:06.77a
19 Dane Werkman 9 Russell-Tyler-Ruthton 1:07.07a
20 Austin Lefdal 10 Adrian/Ellsworth 1:07.18a

Girls Varsity 400 Meters

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Athlete Yr Team Mark H#

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1 Brynn Bakken 11 Hills-Beaver Creek 1:00.77a
2 Gracie Peters 12 Mt. Lake Area - Comfrey 1:01.53a
3 Trinity Olson 9 Hills-Beaver Creek 1:01.74a
4 Olivia Bullerman 11 Adrian/Ellsworth 1:05.27a
5 Isabela Schreier 8 Murray County Central 1:05.99a
6 Lucy Thier 11 Adrian/Ellsworth 1:07.24a
7 Jaeryn Buchert 12 Russell-Tyler-Ruthton 1:07.37a
8 Paige Wondercheck 11 Westbrook-Walnut Grove/Red Rock Central 1:08.47a
9 Hannah Hoftzyer 9 SW MN Christian / Edgerton 1:09.49a
10 Raleigh Van Dyke 8 SW MN Christian / Edgerton 1:10.66a
11 Payson Buchert 9 Russell-Tyler-Ruthton 1:10.76a
12 Shandra Cuperus 12 Adrian/Ellsworth 1:11.01a
13 Eastyn Jensen 9 Russell-Tyler-Ruthton 1:11.55a
14 Lily Bosma 9 SW MN Christian / Edgerton 1:12.81a
15 Gabi Junge 9 Hills-Beaver Creek 1:18.93a
16 Gao Vang 11 Westbrook-Walnut Grove/Red Rock Central 1:18.94a
17 Annika Kopperud 10 Westbrook-Walnut Grove/Red Rock Central 1:32.43a

Boys Varsity 800 Meters

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Athlete Yr Team Mark H#

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1 Jonah Uilk 12 SW MN Christian / Edgerton 2:07.05a
2 Alexander Betz 11 Murray County Central 2:08.23a
3 Henry Carlson 11 Murray County Central 2:11.09a
3 Brayden Gilb 11 Murray County Central 2:11.09a
5 Matthew Stapek 12 Heron Lake-Okabena/Fulda 2:16.00a
6 Aiden Appel 10 Heron Lake-Okabena/Fulda 2:16.90a
7 Josimar Van Hulzen 9 SW MN Christian / Edgerton 2:20.65a
8 Quinton Brunk 10 Heron Lake-Okabena/Fulda 2:23.37a
9 Max Sammons 10 Hills-Beaver Creek 2:25.37a
10 Christopher Janish 10 Russell-Tyler-Ruthton 2:26.40a
11 Lane Wichmann 10 Russell-Tyler-Ruthton 2:31.79a
12 Riley Cowden 10 Westbrook-Walnut Grove/Red Rock Central 2:33.54a
13 Riley Spies 12 Adrian/Ellsworth 2:36.91a
14 Austyn Mason 9 Russell-Tyler-Ruthton 2:38.14a
15 Hank Kletscher 7 Westbrook-Walnut Grove/Red Rock Central 2:38.49a
16 Kevin Rivera 9 Adrian/Ellsworth 2:40.31a
17 James Vindel Castillo 10 Adrian/Ellsworth 2:47.96a
18 Cash Wilsey 9 Hills-Beaver Creek 2:57.89a

Girls Varsity 800 Meters

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Athlete Yr Team Mark H#

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- 1 Laiken Farris 11 Heron Lake-Okabena/Fulda 2:32.80a
- 2 Shaylee Binford 8 SW MN Christian / Edgerton 2:39.29a
- 3 Amana Smith 9 Westbrook-Walnut Grove/Red Rock Central 2:46.58a
- 4 Elia Vis 12 SW MN Christian / Edgerton 2:47.68a
- 5 Mia Vis 12 SW MN Christian / Edgerton 2:47.72a
- 6 Elizabeth Determan 9 Russell-Tyler-Ruthton 2:48.42a
- 7 Holland Vogel 10 Murray County Central 2:49.76a
- 8 Miranda Mischke 11 Westbrook-Walnut Grove/Red Rock Central 2:50.72a
- 9 Jozie Cuperus 11 Adrian/Ellsworth 2:50.74a
- 10 Anna Schrock 8 Mt. Lake Area - Comfrey 2:50.76a
- 11 Leah Strom 10 Mt. Lake Area - Comfrey 2:53.78a
- 12 Sofia Althoff 11 Russell-Tyler-Ruthton 2:55.30a
- 13 Hannah Beyer 10 Mt. Lake Area - Comfrey 2:55.35a
- 14 Riley Alms 7 Westbrook-Walnut Grove/Red Rock Central 2:56.58a
- 15 Kersi Billet 10 Hills-Beaver Creek 3:00.51a
- 16 Maggie Lenz 12 Adrian/Ellsworth 3:06.29a
- 17 Sophia Hamersma 7 Murray County Central 3:21.28a
- 18 Gabi Junge 9 Hills-Beaver Creek 4:00.55a
- Sophia Pearson 8 Heron Lake-Okabena/Fulda DNS

Boys Varsity 1600 Meters

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Athlete Yr Team Mark H#

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- 1 Jonah Uilk 12 SW MN Christian / Edgerton 4:40.93a
- 2 Cooper Evers 10 Mt. Lake Area - Comfrey 4:41.11a
- 3 Darwin Demarrias-Jansma 12 Adrian/Ellsworth 4:42.72a
- 4 Joseph Torres 11 Mt. Lake Area - Comfrey 4:47.81a
- 5 Alexander Betz 11 Murray County Central 4:48.51a
- 6 Aiden Appel 10 Heron Lake-Okabena/Fulda 4:55.41a
- 7 Matthew Stapek 12 Heron Lake-Okabena/Fulda 5:03.91a
- 8 Josimar Van Hulzen 9 SW MN Christian / Edgerton 5:17.21a
- 9 Rolando Tema Tema 11 Mt. Lake Area - Comfrey 5:17.31a
- 10 Connor Pieske 8 Murray County Central 5:31.37a
- 11 Cody Weidert 10 Adrian/Ellsworth 5:44.21a
- 12 Kamron Kellenberger 9 Hills-Beaver Creek 5:45.70a
- 13 Kole Appel 7 Heron Lake-Okabena/Fulda 5:47.90a
- 14 Jacob Nilles 10 Russell-Tyler-Ruthton 6:07.07a
- 15 Kevin Rivera 9 Adrian/Ellsworth 6:07.86a
- 16 Benjamin Labrune 8 Russell-Tyler-Ruthton 6:10.82a
- 17 Austin Reese 9 Murray County Central 6:37.22a

Girls Varsity 1600 Meters

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Athlete Yr Team Mark H#

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- 1 Laiken Farris 11 Heron Lake-Okabena/Fulda 5:40.65a
- 2 Katie Johnson 11 Mt. Lake Area - Comfrey 6:02.38a
- 3 Mara Clarke 9 Heron Lake-Okabena/Fulda 6:06.21a
- 4 Summer Labrune 12 Russell-Tyler-Ruthton 6:07.93a
- 5 Hannah Masselink 12 SW MN Christian / Edgerton 6:08.55a
- 6 Addison Warner 9 Westbrook-Walnut Grove/Red Rock Central 6:10.38a
- 7 Holland Vogel 10 Murray County Central 6:27.11a
- 8 Elia Vis 12 SW MN Christian / Edgerton 6:27.65a
- 9 Miranda Mischke 11 Westbrook-Walnut Grove/Red Rock Central 6:28.63a
- 10 Keyona Klingenberg 11 Adrian/Ellsworth 6:42.07a
- 11 Ainsley Pieske 7 Murray County Central 6:45.60a
- 12 Haven Kerkhove-Brandt 10 Hills-Beaver Creek 7:26.84a
- 13 Eva Wildermuth 9 Mt. Lake Area - Comfrey 8:30.07a

Boys Varsity 3200 Meters

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Athlete Yr Team Mark H#

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- 1 Matthias Amen 9 SW MN Christian / Edgerton 11:48.15a
- 2 Micah Janssen 9 Murray County Central 11:54.78a
- 3 Levi Van Hofwegen 9 SW MN Christian / Edgerton 12:08.11a
- 4 Carter Larson 8 Murray County Central 12:15.28a
- 5 Aiden Lichter 9 Adrian/Ellsworth 12:17.15a
- 6 Wesley Hause 11 Murray County Central 12:17.94a
- 7 Kole Appel 7 Heron Lake-Okabena/Fulda 12:21.37a
- 8 Jacob Nilles 10 Russell-Tyler-Ruthton 13:05.56a
- 9 Benjamin Labrune 8 Russell-Tyler-Ruthton 13:13.17a

Girls Varsity 3200 Meters

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Athlete Yr Team Mark H#

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- 1 Hannah Masselink 12 SW MN Christian / Edgerton 12:27.80a
- 2 Raleigh Van Dyke 8 SW MN Christian / Edgerton 13:31.83a
- 3 Mara Clarke 9 Heron Lake-Okabena/Fulda 13:52.36a
- 4 Emily Johnson 9 Mt. Lake Area - Comfrey 15:28.23a
- 5 Abby Bertrand 9 Adrian/Ellsworth 16:03.24a
- Galaxie Penner 9 Mt. Lake Area - Comfrey DNS
- Ellia Van Dyke 8 SW MN Christian / Edgerton DNS

Girls Varsity 100m Hurdles

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Athlete Yr Team Mark H#

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- 1 Trinity Reynolds 10 Heron Lake-Okabena/Fulda 18.37a
- 2 Mikah Tinklenberg 10 SW MN Christian / Edgerton 18.49a
- 3 Brekyn Klarenbeek 9 Hills-Beaver Creek 18.68a
- 4 Ava Steinhoff 11 Hills-Beaver Creek 18.83a

5 Carly Groen 11 SW MN Christian / Edgerton 18.92a
6 Evelyn Rentschler 11 Westbrook-Walnut Grove/Red Rock Central 19.21a
7 Makaylie Voss 8 Hills-Beaver Creek 19.58a
8 Elsie Bedow 9 Russell-Tyler-Ruthton 20.22a
9 Arlee Swanson 10 Russell-Tyler-Ruthton 20.65a
10 Ruby Petersen 9 Russell-Tyler-Ruthton 20.91a
11 Abigail Beyer 11 Mt. Lake Area - Comfrey 20.95a
12 Julia Nachreiner 8 Mt. Lake Area - Comfrey 22.13a
-- Gracelyn Fick 12 SW MN Christian / Edgerton DNS
-- Maggie Lenz 12 Adrian/Ellsworth DNS

Boys Varsity 110m Hurdles

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Athlete Yr Team Mark H#

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1 Silas Van Essen 12 SW MN Christian / Edgerton 17.15a
2 Bowen Hesse 12 Westbrook-Walnut Grove/Red Rock Central 17.48a
3 Parker Olson 10 Murray County Central 18.11a
4 Tyler Reith 10 Murray County Central 19.11a
5 Jordan Vortherms 10 Heron Lake-Okabena/Fulda 19.53a
6 Gavin Voss 12 Hills-Beaver Creek 19.58a
7 Jacob Wallin 12 Hills-Beaver Creek 19.64a
8 Evan Braun 10 Murray County Central 21.56a
9 Evin McConnell 11 Russell-Tyler-Ruthton 23.46a

Boys Varsity 300m Hurdles

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Athlete Yr Team Mark H#

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1 Silas Van Essen 12 SW MN Christian / Edgerton 41.91a
2 Parker Olson 10 Murray County Central 46.56a
3 Tyler Reith 10 Murray County Central 47.21a
4 Cameron Meyer 11 Mt. Lake Area - Comfrey 47.76a
5 Jordan Vortherms 10 Heron Lake-Okabena/Fulda 48.63a
6 Dylan Gilbertson 10 Murray County Central 49.30a
7 Max Sammons 10 Hills-Beaver Creek 49.51a
8 Jacob Wallin 12 Hills-Beaver Creek 49.67a
9 Kevin Van Hulzen 12 SW MN Christian / Edgerton 51.67a
10 Bowen Hesse 12 Westbrook-Walnut Grove/Red Rock Central 51.91a
11 Evin McConnell 11 Russell-Tyler-Ruthton 52.71a
12 Gavin Voss 12 Hills-Beaver Creek 52.72a
13 Mua Vang 12 Westbrook-Walnut Grove/Red Rock Central 56.07a

Girls Varsity 300m Hurdles

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Athlete Yr Team Mark H#

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1 Mikah Tinklenberg 10 SW MN Christian / Edgerton 52.89a
2 Brekyn Klarenbeek 9 Hills-Beaver Creek 53.41a

- 3 Trinity Reynolds 10 Heron Lake-Okabena/Fulda 53.67a
- 4 Mara Busker 8 SW MN Christian / Edgerton 53.98a
- 5 Gracelyn Fick 12 SW MN Christian / Edgerton 54.44a
- 6 Kenslee Bobeldyk 7 Murray County Central 54.75a
- 7 Makaylie Voss 8 Hills-Beaver Creek 54.81a
- 8 Charlotte Lichter 8 Adrian/Ellsworth 54.93a
- 9 Brynlee Farris 9 Heron Lake-Okabena/Fulda 56.09a
- 10 Ava Karbo 12 Russell-Tyler-Ruthton 56.92a
- 11 Elsie Bedow 9 Russell-Tyler-Ruthton 57.28a
- 12 Evelyn Rentschler 11 Westbrook-Walnut Grove/Red Rock Central 58.63a
- 13 Ava Steinhoff 11 Hills-Beaver Creek 58.64a
- 14 Jada Jackels 7 Murray County Central 1:00.78a
- 15 Keyona Klingenberg 11 Adrian/Ellsworth 1:01.87a

Boys Varsity 4x100 Relay

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Team Time H#

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- 1 Adrian/Ellsworth 47.39a
- 1) A
- 2 Hills-Beaver Creek 47.98a
- 1) A
- 3 Heron Lake-Okabena/Fulda 48.73a
- 1) A
- 4 Westbrook-Walnut Grove/Red Rock Central 49.08a
- 1) A
- 5 Russell-Tyler-Ruthton 49.09a
- 1) A
- SW MN Christian / Edgerton FS
- 1) A
- Murray County Central DQ
- 1) A

Girls Varsity 4x100 Relay

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Team Time H#

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- 1 SW MN Christian / Edgerton 53.16a
- 1) A
- 2 Hills-Beaver Creek 53.53a
- 1) A
- 3 Adrian/Ellsworth 56.58a
- 1) A
- 4 Westbrook-Walnut Grove/Red Rock Central 56.63a
- 1) A
- 5 Russell-Tyler-Ruthton 57.22a
- 1) A
- 6 Heron Lake-Okabena/Fulda 59.19a
- 1) A

7 Murray County Central 59.47a
1) A

Boys Varsity 4x200 Relay

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Team	Time	H#
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|---|----------|--|
| 1 SW MN Christian / Edgerton | 1:42.06a | |
| 1) A | | |
| 2 Murray County Central | 1:42.15a | |
| 1) A | | |
| 3 Russell-Tyler-Ruthton | 1:42.36a | |
| 1) A | | |
| 4 Hills-Beaver Creek | 1:44.23a | |
| 1) A | | |
| 5 Heron Lake-Okabena/Fulda | 1:47.50a | |
| 1) A | | |
| 6 Westbrook-Walnut Grove/Red Rock Central | 1:50.01a | |
| 1) A | | |
| -- Adrian/Ellsworth | DNF | |
| 1) A | | |

Girls Varsity 4x200 Relay

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Team	Time	H#
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|---|----------|--|
| 1 Hills-Beaver Creek | 1:54.54a | |
| 1) A | | |
| 2 Russell-Tyler-Ruthton | 1:55.98a | |
| 1) A | | |
| 3 Adrian/Ellsworth | 1:56.41a | |
| 1) A | | |
| 4 SW MN Christian / Edgerton | 1:57.53a | |
| 1) A | | |
| 5 Heron Lake-Okabena/Fulda | 1:59.71a | |
| 1) A | | |
| 6 Westbrook-Walnut Grove/Red Rock Central | 2:02.34a | |
| 1) A | | |
| 7 Murray County Central | 2:10.69a | |
| 1) A | | |

Boys Varsity 4x400 Relay

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Team	Time	H#
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|------------------------------|----------|--|
| 1 Murray County Central | 3:36.83a | |
| 1) A | | |
| 2 SW MN Christian / Edgerton | 3:38.56a | |
| 1) A | | |

3 Hills-Beaver Creek 3:53.62a
1) A
4 Russell-Tyler-Ruthton 3:55.13a
1) A
5 Heron Lake-Okabena/Fulda 4:17.12a
1) A

Girls Varsity 4x400 Relay

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Team Time H#

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1 Russell-Tyler-Ruthton 4:26.48a
1) A
2 Murray County Central 4:28.29a
1) A
3 Hills-Beaver Creek 4:29.22a
1) A
4 SW MN Christian / Edgerton 4:33.26a
1) A
5 Adrian/Ellsworth 4:48.68a
1) A
6 Heron Lake-Okabena/Fulda 4:54.95a
1) A

Boys Varsity 4x800 Relay

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Team Time H#

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1 Mt. Lake Area - Comfrey 9:04.56a
1) A
2 Murray County Central 9:31.41a
1) A
3 SW MN Christian / Edgerton 10:00.75a
1) A
4 Russell-Tyler-Ruthton 10:06.55a
1) A
5 Adrian/Ellsworth 10:10.22a
1) A
6 Hills-Beaver Creek 10:35.33a
1) A
7 Heron Lake-Okabena/Fulda 11:06.86a
1) A
-- Westbrook-Walnut Grove/Red Rock Central DNS
1) A

Girls Varsity 4x800 Relay

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Team Time H#

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- 1 Adrian/Ellsworth 10:55.06a
- 1) A
- 2 Mt. Lake Area - Comfrey 11:03.78a
- 1) A
- 3 Russell-Tyler-Ruthton 11:11.40a
- 1) A
- 4 SW MN Christian / Edgerton 11:14.09a
- 1) A
- 5 Westbrook-Walnut Grove/Red Rock Central 11:37.26a
- 1) A
- 6 Hills-Beaver Creek 12:51.86a
- 1) A
- 7 Heron Lake-Okabena/Fulda 13:29.91a
- 1) A

Boys Varsity Shot Put

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Athlete Yr Team Mark H#

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- 1 Karson Metzger 10 Hills-Beaver Creek 49-10
- 2 Wyett Shimp 12 Hills-Beaver Creek 48-5
- 3 Thaddeus Bray 11 Heron Lake-Okabena/Fulda 47-7
- 4 Josh Honken 11 Adrian/Ellsworth 46-2
- 5 Tucker Gile 12 Russell-Tyler-Ruthton 43-5
- 6 Broox Platt 12 Murray County Central 42-8
- 7 Gabriel Wolske 12 Murray County Central 41-5.5
- 8 Bennett Runkle 10 Heron Lake-Okabena/Fulda 39-5
- 9 Abel Collin 10 Heron Lake-Okabena/Fulda 38-7.5
- 10 Lincoln Sherman 11 SW MN Christian / Edgerton 38-5
- 11 Jace Gacke 10 Hills-Beaver Creek 38-2
- 12 Riley Williams 11 SW MN Christian / Edgerton 35-3.5
- 13 Jackie Yang 9 Westbrook-Walnut Grove/Red Rock Central 34-1
- 14 Sam Wiese 10 Russell-Tyler-Ruthton 34-0.5
- 15 Sam Blagdon 10 Russell-Tyler-Ruthton 33-11.5
- 16 Mason Yang 9 Westbrook-Walnut Grove/Red Rock Central 33-4.5
- 17 Cyril Zenk 8 Murray County Central 33-2
- 18 Jacob Wassink 12 SW MN Christian / Edgerton 32-8.5
- 19 Max Wiborg 10 Westbrook-Walnut Grove/Red Rock Central 32-2.5
- 20 Tyler Dahna 12 Mt. Lake Area - Comfrey 30-8
- 21 Riley Spies 12 Adrian/Ellsworth 24-6.5
- 22 Robert Speikers 12 Mt. Lake Area - Comfrey 23-11
- 23 Austin Lefdal 10 Adrian/Ellsworth 21-3

Girls Varsity Shot Put

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Athlete Yr Team Mark H#

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- 1 Ally Linder 12 Westbrook-Walnut Grove/Red Rock Central 33-3.5
- 2 Alabama Hoonhorst 11 Heron Lake-Okabena/Fulda 33-0

3 Karissa Kerkhove-Brandt 9 Hills-Beaver Creek 31-11
 4 Adley Rheault 8 Hills-Beaver Creek 28-6
 5 Adasyn Mason 9 Russell-Tyler-Ruthton 28-0
 6 Tailynn Yang 8 Westbrook-Walnut Grove/Red Rock Central 27-10.5
 7 Charlotte Korman 11 Russell-Tyler-Ruthton 27-10
 8 JaZiah Barron 9 SW MN Christian / Edgerton 27-5
 9 Alexis Vang 11 Westbrook-Walnut Grove/Red Rock Central 26-9
 10 Andrea Peterson 10 Mt. Lake Area - Comfrey 25-11
 11 Hope Bosch 9 Hills-Beaver Creek 25-8.5
 11 Kora DeKam 8 SW MN Christian / Edgerton 25-8.5
 13 Naomi Simon 8 Mt. Lake Area - Comfrey 25-6
 14 Olivia Heard 7 Murray County Central 25-3
 15 Francell Rodriguez 11 Adrian/Ellsworth 24-5.5
 16 Hannah Dage 12 Russell-Tyler-Ruthton 24-3.5
 17 Hazel Brake 9 Adrian/Ellsworth 24-2
 18 Jaycee Meier 11 Heron Lake-Okabena/Fulda 22-8.5
 19 Alexis Wiener 10 Heron Lake-Okabena/Fulda 21-5
 20 Kayla Spies 10 Adrian/Ellsworth 21-4
 21 Antonina Godlewska 12 Murray County Central 21-2
 22 Carli Schaap 8 SW MN Christian / Edgerton 21-0

Boys Varsity Discus

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Athlete Yr Team Mark H#

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1 Wyett Shimp 12 Hills-Beaver Creek 147-7
 2 Gabriel Wolske 12 Murray County Central 138-0
 3 Thaddeus Bray 11 Heron Lake-Okabena/Fulda 129-11
 4 Josh Honken 11 Adrian/Ellsworth 126-7
 5 Tucker Gile 12 Russell-Tyler-Ruthton 125-2
 6 Karson Metzger 10 Hills-Beaver Creek 120-5
 7 Abel Collin 10 Heron Lake-Okabena/Fulda 116-0
 8 Broox Platt 12 Murray County Central 111-11
 9 Lincoln Sherman 11 SW MN Christian / Edgerton 109-1
 10 Cyril Zenk 8 Murray County Central 101-8
 11 Jackie Yang 9 Westbrook-Walnut Grove/Red Rock Central 101-4
 12 Bennett Runkle 10 Heron Lake-Okabena/Fulda 97-1
 13 James Yang 10 Westbrook-Walnut Grove/Red Rock Central 92-10
 14 Tyler Dahna 12 Mt. Lake Area - Comfrey 88-7
 15 Gavyn Leuthold 12 Hills-Beaver Creek 87-6
 16 Riley Williams 11 SW MN Christian / Edgerton 82-7
 17 Lincoln Nordby 9 SW MN Christian / Edgerton 82-5
 18 Robben Funez Padilla 10 Adrian/Ellsworth 80-11
 19 Max Wiborg 10 Westbrook-Walnut Grove/Red Rock Central 78-1
 20 Owen Petersen 12 Russell-Tyler-Ruthton 77-9
 21 Sam Blagdon 10 Russell-Tyler-Ruthton 72-10
 22 Robert Speikers 12 Mt. Lake Area - Comfrey 56-3
 23 Riley Spies 12 Adrian/Ellsworth 44-1

Girls Varsity Discus

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Athlete Yr Team Mark H#

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- 1 Alabama Hoonhorst 11 Heron Lake-Okabena/Fulda 114-11
- 2 Andrea Peterson 10 Mt. Lake Area - Comfrey 89-1
- 3 Karissa Kerkhove-Brandt 9 Hills-Beaver Creek 85-3
- 4 JaZiah Barron 9 SW MN Christian / Edgerton 83-6
- 5 Hazel Brake 9 Adrian/Ellsworth 82-4
- 6 Alexis Vang 11 Westbrook-Walnut Grove/Red Rock Central 79-7
- 7 Tailynn Yang 8 Westbrook-Walnut Grove/Red Rock Central 74-6
- 8 Ruth Ethridge 11 Heron Lake-Okabena/Fulda 69-7
- 9 Olivia Heard 7 Murray County Central 69-6
- 10 Leah Steinman 8 Heron Lake-Okabena/Fulda 68-1
- 11 Adley Rheault 8 Hills-Beaver Creek 66-10
- 12 Antonina Godlewska 12 Murray County Central 64-11
- 13 Hannah Dagele 12 Russell-Tyler-Ruthton 64-1
- 14 Holly Lunt 8 Adrian/Ellsworth 61-8
- 15 Paige Wondercheck 11 Westbrook-Walnut Grove/Red Rock Central 61-5
- 16 Charlotte Korman 11 Russell-Tyler-Ruthton 61-2
- 17 Kimber Wiekeraad 8 SW MN Christian / Edgerton 60-10
- 18 Norah Gile 10 Russell-Tyler-Ruthton 57-11
- 19 Cheyanne Dohlmann 10 Adrian/Ellsworth 57-0
- 20 Naomi Simon 8 Mt. Lake Area - Comfrey 54-8
- 21 Carli Schaap 8 SW MN Christian / Edgerton 53-11
- 22 Kiana Platt 7 Murray County Central 49-2
- 23 Nora Tatge 8 Hills-Beaver Creek 47-0

Boys Varsity High Jump

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Athlete Yr Team Mark H#

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- 1 Silas Van Essen 12 SW MN Christian / Edgerton 5-10
- 2 Jamin Metzger 12 Hills-Beaver Creek 5-8
- 3 Brodie Metzger 10 Hills-Beaver Creek 5-6
- 3 Brett Pieske 10 Murray County Central 5-6
- 5 Cameron Meyer 11 Mt. Lake Area - Comfrey 5-6
- 6 Jacob Wallin 12 Hills-Beaver Creek 5-4
- 7 Reece Gilbertson 10 SW MN Christian / Edgerton 5-4
- 8 Max Mathiason 10 Murray County Central 5-2
- 9 Mason Kirchner 10 Heron Lake-Okabena/Fulda 5-2
- 10 Henry Hause 8 Murray County Central 5-0
- Gavin Erickson 9 Russell-Tyler-Ruthton NH
- Jordan Vortherms 10 Heron Lake-Okabena/Fulda NH
- Brycen Andresen 9 Russell-Tyler-Ruthton NH

Girls Varsity High Jump

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Athlete Yr Team Mark H#

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- 1 Ava Steinhoff 11 Hills-Beaver Creek 4-9
- 2 Miranda Mischke 11 Westbrook-Walnut Grove/Red Rock Central 4-7
- 3 Hailee Gehrke 9 Hills-Beaver Creek 4-7
- 4 Joe Thooft 9 Russell-Tyler-Ruthton 4-7
- 5 Sophia Pearson 8 Heron Lake-Okabena/Fulda 4-5
- 6 Mara Busker 8 SW MN Christian / Edgerton 4-5
- 7 Penni Moore 8 Hills-Beaver Creek 4-5
- 8 Keara Anacker 11 Mt. Lake Area - Comfrey 4-5
- 9 Mae Runkle 9 Heron Lake-Okabena/Fulda 4-3
- 10 Maya Krosschell 9 SW MN Christian / Edgerton 4-3
- 11 Jaeryn Buchert 12 Russell-Tyler-Ruthton 4-1
- 12 Emily Gass 10 Heron Lake-Okabena/Fulda 4-1
- 13 Hannah Hoftzyer 9 SW MN Christian / Edgerton 4-1
- 14 Izzy Thomas 11 Russell-Tyler-Ruthton 3-11

Boys Varsity Pole Vault

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Athlete Yr Team Mark H#

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- 1 Caleb Rosenbrook 11 Murray County Central 11-10
- 2 Adrian Yang 11 Westbrook-Walnut Grove/Red Rock Central 11-10
- 3 Mason Kirchner 10 Heron Lake-Okabena/Fulda 11-4
- 4 Luke Iverson 12 Murray County Central 9-4
- 5 Aubin Licht 12 Murray County Central 9-4
- 6 Isaiah Fey 10 SW MN Christian / Edgerton 7-10
- 7 Andres Vazquez 9 Heron Lake-Okabena/Fulda 7-4
- Quinton Brunk 10 Heron Lake-Okabena/Fulda SCR
- Mua Vang 12 Westbrook-Walnut Grove/Red Rock Central NH

Girls Varsity Pole Vault

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Athlete Yr Team Mark H#

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- 1 Gracelyn Fick 12 SW MN Christian / Edgerton 9-4
- 2 Charley Holm 8 Murray County Central 7-10
- 3 Brooklynn Tyrrell 12 Heron Lake-Okabena/Fulda 7-4
- 4 Kora Kremer 8 Murray County Central 7-4
- 5 Chloe Kremer 10 Murray County Central 6-10
- 6 Taylor Fisher 12 Heron Lake-Okabena/Fulda 6-10
- 7 Brie Kirchner 10 Heron Lake-Okabena/Fulda 6-4
- 8 Sophie Van Essen 7 SW MN Christian / Edgerton 6-4
- 9 Brynlee Lustfield 7 SW MN Christian / Edgerton 5-10
- Rebecca Meiner 9 Westbrook-Walnut Grove/Red Rock Central SCR

Boys Varsity Long Jump

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Athlete Yr Team Mark H#

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- 1 Micah Bush 12 Hills-Beaver Creek 19-10.5
- 2 Brodie Metzger 10 Hills-Beaver Creek 19-4.5
- 3 Lucas Kuball 12 Murray County Central 19-0.5
- 4 Parker Olson 10 Murray County Central 18-8
- 5 Ayden Mason 11 Russell-Tyler-Ruthton 18-3.5
- 6 Tyler Kirchner 12 Heron Lake-Okabena/Fulda 18-1.5
- 7 Carter Murphy 11 Adrian/Ellsworth 18-1
- 8 Caelan Bertrand 10 Adrian/Ellsworth 17-11.5
- 9 Reece Gilbertson 10 SW MN Christian / Edgerton 17-10
- 10 EJ Wegener 12 Hills-Beaver Creek 17-7
- 11 Tyler Pap 9 SW MN Christian / Edgerton 17-1
- 12 Max Mathiason 10 Murray County Central 16-11.5
- 13 Tage Moss 8 SW MN Christian / Edgerton 16-10.5
- 14 Drystan Larson 11 Westbrook-Walnut Grove/Red Rock Central 16-10
- 15 Braxton Hess 11 Russell-Tyler-Ruthton 16-3.5
- 16 Robert Yang 11 Westbrook-Walnut Grove/Red Rock Central 16-2
- 17 Adrian Yang 11 Westbrook-Walnut Grove/Red Rock Central 15-11.5
- 18 Evin McConnell 11 Russell-Tyler-Ruthton 15-4
- 19 Blake Simpson 9 Adrian/Ellsworth 14-9.5
- 20 Emmett Carlson 9 Heron Lake-Okabena/Fulda 14-2
- 21 Devon Hakeneis 8 Heron Lake-Okabena/Fulda 12-11.5

Girls Varsity Long Jump

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Athlete Yr Team Mark H#

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- 1 Brynn Bakken 11 Hills-Beaver Creek 18-0
- 2 Joee Thooft 9 Russell-Tyler-Ruthton 15-10.5
- 3 Charley Holm 8 Murray County Central 15-9
- 4 Arlee Swanson 10 Russell-Tyler-Ruthton 15-9
- 5 Helena Ortega 10 SW MN Christian / Edgerton 15-4.5
- 6 Makaylie Voss 8 Hills-Beaver Creek 15-2.5
- 7 Trinity Reynolds 10 Heron Lake-Okabena/Fulda 14-11.5
- 8 Isabela Schreier 8 Murray County Central 14-6.5
- 9 Summer Labrune 12 Russell-Tyler-Ruthton 14-4.5
- 10 Lexi Van Dyke 10 SW MN Christian / Edgerton 13-9.5
- 11 Jordyn Rauk 7 Hills-Beaver Creek 13-8.5
- 12 Karley Prins 8 Adrian/Ellsworth 13-7
- 13 Brooke Weber 9 Adrian/Ellsworth 13-6
- 14 Asa Olson 10 Westbrook-Walnut Grove/Red Rock Central 13-5
- 15 Hannah Van Schepen 8 SW MN Christian / Edgerton 13-2
- 16 Madi Stelter 7 Murray County Central 13-1
- 17 Abigail Beyer 11 Mt. Lake Area - Comfrey 13-0.5
- 18 Andrea Wright 7 Heron Lake-Okabena/Fulda 12-11
- 19 Elly Yang 9 Westbrook-Walnut Grove/Red Rock Central 12-9.5
- 20 Sandra Vazquez Ruano 10 Mt. Lake Area - Comfrey 12-6
- 21 Sierra Hansen 8 Westbrook-Walnut Grove/Red Rock Central 12-4.5
- 22 Hadley Fisher 7 Heron Lake-Okabena/Fulda 12-3.5
- 23 Marley Phomsatry 9 Adrian/Ellsworth 11-11

Boys Varsity Triple Jump

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Athlete Yr Team Mark H#

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- 1 Micah Bush 12 Hills-Beaver Creek 40-8
- 2 Brett Pieske 10 Murray County Central 38-11
- 3 Bode Kruger 12 Hills-Beaver Creek 38-4.5
- 4 Braxton Hess 11 Russell-Tyler-Ruthton 36-11
- 5 Jace Gacke 10 Hills-Beaver Creek 36-11
- 6 Dylan Gilbertson 10 Murray County Central 36-8.25
- 7 Reece Gilbertson 10 SW MN Christian / Edgerton 35-2
- 8 Henry Carlson 11 Murray County Central 35-0.5
- 9 Grant Binnebose 10 Westbrook-Walnut Grove/Red Rock Central 34-3.25
- 10 Dang Vang 10 Westbrook-Walnut Grove/Red Rock Central 32-7.25
- 11 Christopher Janish 10 Russell-Tyler-Ruthton 31-10
- 12 Blake Simpson 9 Adrian/Ellsworth 31-9
- 13 Vincent Bray 9 Heron Lake-Okabena/Fulda 31-8.25
- 14 Cooper Scripture 8 Heron Lake-Okabena/Fulda 31-7
- 15 Devon Hakeneis 8 Heron Lake-Okabena/Fulda 29-1.5
- 16 Brycen Andresen 9 Russell-Tyler-Ruthton 29-1
- 17 Skye Bents 9 Westbrook-Walnut Grove/Red Rock Central 28-10

Girls Varsity Triple Jump

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Athlete Yr Team Mark H#

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- 1 Trinity Olson 9 Hills-Beaver Creek 34-0.5
- 2 Lucy Thier 11 Adrian/Ellsworth 33-6
- 3 Penni Moore 8 Hills-Beaver Creek 32-8
- 4 Brynlee Farris 9 Heron Lake-Okabena/Fulda 31-0
- 5 Kora DeKam 8 SW MN Christian / Edgerton 30-9.5
- 6 Ava Guida 12 Russell-Tyler-Ruthton 30-4.25
- 7 Hannah Van Schepen 8 SW MN Christian / Edgerton 30-1
- 8 Cassie Scandrett 7 Murray County Central 28-11.75
- 9 Aubree Craine 8 Westbrook-Walnut Grove/Red Rock Central 28-4.75
- 10 Sophie Van Essen 7 SW MN Christian / Edgerton 27-8.25
- 11 Jayden Meinders 7 Heron Lake-Okabena/Fulda 27-7.75
- 12 Asa Olson 10 Westbrook-Walnut Grove/Red Rock Central 27-7.5
- 13 Karley Prins 8 Adrian/Ellsworth 27-6
- 14 Anna Schrock 8 Mt. Lake Area - Comfrey 27-2
- 15 Eastyn Jensen 9 Russell-Tyler-Ruthton 27-0.25
- 16 Marley Phomsatry 9 Adrian/Ellsworth 27-0
- 17 Payson Buchert 9 Russell-Tyler-Ruthton 26-11.25
- 18 Kenslee Bobeldyk 7 Murray County Central 25-11
- 19 Holland Vogel 10 Murray County Central 25-4
- 20 Hadley Fisher 7 Heron Lake-Okabena/Fulda 24-8
- 21 Gao Vang 11 Westbrook-Walnut Grove/Red Rock Central 24-6
- Makynzie Hellerud 11 Hills-Beaver Creek ND